



THE UNIVERSITY OF VERMONT
EXTENSION
SHOOTING SPORTS 4-H



4-H Shooting Sports is an active project, attractive to both youth and adults. Each discipline teaches safety, concentration, self-discipline, self-confidence, goal-setting, decision-making, and courtesy as the youth learn basic skills and build toward more advanced activities. Both competitive and cooperative skills are included. Disciplines currently taught are:

Participants Gain...

- Friendship, sportsmanship, a lifetime sport
- Reasoning, useful knowledge, skills
- Ethical standards, self-discipline, respect, personal responsibility
- Safe habits, confidence, concentration, poise
- Opportunities to set and achieve goals
- Exposure to careers
- Opportunities to compete locally and nationally, earn awards

All 4-H programs focus on the positive development of youth as individuals and responsible, productive citizens. The National 4-H Shooting Sports Program stands out as an example of these goals by teaching marksmanship, safe and responsible use of firearms, principles of hunting and archery, and much more. With the support of caring adult leaders, the curriculum is designed to assist young people in personal development and life skills, establish a personal environmental ethic, and explore lifelong vocational and leisure activities.



→ Archery

→ Muzzleloader

→ Rifle

→ Shotgun

→ Pistol

→ Hunting/Wildlife

→ Western Heritage

www.uvm.edu/extension

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For more information or to become a 4-H Volunteer contact your county extension office or visit:

www.uvm.edu/extension/youth ←

→ **Bennington**

1-800-287-1552

→ **Berlin**

1-866-860-1382

→ **Brattleboro**

1-800-278-5480

→ **Middlebury**

1-800-956-1125

→ **Morrisville**

1-866-260-5603

→ **Newport**

1-866-260-5561

→ **Rutland**

1-800-281-6977

→ **St. Albans**

1-800-639-2130

→ **St. Johnsbury**

1-800-545-8920

→ **South Burlington**

1-866-800-9944

→ **Springfield**

1-800-278-5471

A Shooting Sports Leader Is...

- Interested in youth and their development
- Willing to learn how to teach shooting safely and effectively
- Willing to be helpful, open, supportive
- Interested in challenges and rewards
- Enthusiastic, positive, energetic
- Honest, self-disciplined, kind

Leader Responsibilities

- Learn and practice highest standards of safety
- Learn and practice cooperative coaching techniques
- Learn and practice 4-H experiential learning techniques
- Invest time, energy and spirit
- Focus on youth development and learning
- Be a strong, positive role model

4-H MOTTO

To Make the Best Better

4-H SLOGAN

Learn By Doing

4-H PLEDGE

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country and my world.



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SHOOTING SPORTS



Are you interested in shooting sports, safety and youth?

