



Military Teen Future Leader Camp

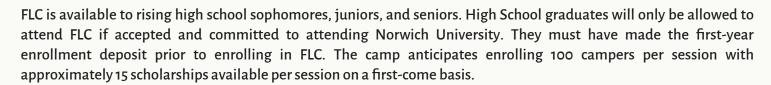
Norwich University

Saturday, July 13 – Sunday, July 21, 2024

Saturday, July 27 – Sunday, August 4, 2024

Registration and more information available at:

https://go.uvm.edu/flc-register



What is FLC?

PART 1: A typical day begins at 5:30 a.m. and includes morning physical fitness followed by training sessions focusing on individual and team skills. Evening sessions focus on interactive classroom instruction on the methods, traits, and principles of leadership and effective communication. Initial instruction on rappelling, rock wall climbing, map reading, and a compass course.

PART 2: Participants confront the physical challenges of hiking, climbing, and rappelling outdoors. They practice wilderness survival skills during an overnight camping exercise and then test what they've learned during the Search and Rescue Exercise (SAREX). Teams spend their final days competing in the Olympic Challenge Course, a drill competition, and a leadership exam. There will be a graduation ceremony on the final day, prior to checkout.

Contact UVM Extension 4-H Health and Wellness Program Coordinator Anthony Sgherza at asgherza@uvm.edu or 802-656-7606 with questions.

A \$300 deposit is required and will be reimbursed (processed) the first day camp begins.

To request language interpretation/translation assistance and/or a disability-related accommodation to participate in this program, please call or email 4-H Health and Wellness Program Coordinator Anthony Sgherza at asgherza@uvm.edu by Friday, June 21, 2024, so we may assist you.

www.uvm.edu/extension/youth



