

Full Time Program of Study 2024 – 2025

Full Time Clinical Mental Health Counseling Program of Study: 60 Credits			
Fall 1 st Year	Credits	Spring 1 st Year	Credits
CNSL 6750 Laboratory Experience in Counseling	3	CNSL 6630 Counseling Practicum	3
CNSL 6200 Developmental Perspectives	3	CNSL 6450 Diagnosis in MH	3
CNSL 6500 Professional Issues in Counseling	3	CNSL 6770 Diversity & Intersectionality	3
CNSL 6740 Counseling Theory and Practice	3	CNSL 6440 Children & Adolescents	3
Semester Total	12	Semester Total	12
Winter 1 st Year	Credits	Summer 1 st Year	Credits
CNSL 6990: Trauma& Crisis (Elective)*	3	CNSL 6000 Research Methods	3
		CNSL 6520 Assessment in MH	3
		Electives	6
Session Total	3	Session Total	12
Fall 2 nd Year	Credits	Spring 2 nd Year	Credits
CNSL 6991 CMHC Internship in Counseling (3)	3	CNSL 6991 CMHC Internship in Counseling	3
CNSL 6930 Advanced Group Counseling (3)	3	CNSL 6810 Career & Lifestyle Development	3
CNSL 6880 Family and Couples (3)	3	CNSL 6760 Addictions Counseling	3
CNSL 6610 Practice in MH	3	CNSL 6990: Trauma& Crisis (Elective)*	3
Semester Total	12	Semester Total	9*
TOTAL: 60 Credits			

Full Time School Counseling Program of Study: 60 Credits			
Fall 1 st Year	Credits	Spring 1 st Year	Credits
CNSL 6750 Laboratory Experience in Counseling	3	CNSL 6630 Counseling Practicum	3
CNSL 6200 Developmental Perspectives	3	CNSL 6410 Diagnosis in School Counseling	1
CNSL 6500 Professional Issues in Counseling	3	CNSL 6770 Diversity & Intersectionality	3
CNSL 6740 Counseling Theory and Practice	3	CNSL 6440 Children & Adolescents	3
Semester Total	12	Semester Total	10
Winter 1 st Year	Credits	Summer 1 st Year	Credits
CNSL 6990: Trauma Counseling (Elective)*	3	CNSL 6000 Research Methods	3
		CNSL 6420 Assessment in SC	2
		Special Topics in SC /Electives	6
Session Total	3	Session Total	11
Fall 2 nd Year	Credits	Spring 2 nd Year	Credits
CNSL 6991 SC Internship in Counseling (3)	3	CNSL 6991 SC Internship in Counseling	3
CNSL 6930 Advanced Group Counseling (3)	3	CNSL 6810 Career & Lifestyle Development	3
CNSL 6880 Family and Couples (3)	3	CNSL 6760 Addictions Counseling	3
CNSL xxxx: Counselors as Educators	3	CNSL 6400 Developmental Guidance	3
Semester Total	12	Semester Total	12
TOTAL: 60 Credits			

*The trauma and crisis class is not required for your cohort but will become required in AY 2025-26. You can take it in the winter 1 or spring 2 or do an additional elective instead

Dual Option (CMHC Entry) Schedule of Classes

Full Time Dual CMHC/SC Program of Study: 75 Credits			
Fall 1 st Year	Credits	Spring 1 st Year	Credits
CNSL 6750 Laboratory Experience in Counseling	3	CNSL 6630 Counseling Practicum	3
CNSL 6700 Diversity & Intersectionality	3	CNSL 6450 Diagnosis in Mental Health	3
CNSL 6500 Professional Issues in Counseling	3	CNSL 6200 Developmental Perspectives	3
CNSL 6740 Counseling Theory and Practice	3	CNSL 6610 Practice of Mental Health	3
Semester Total	12	Semester Total	12
Summer 1 st Year*			Credits
CNSL 6000 Research Methods			3
CNSL 6420 Assessment in CMHC			3
Electives			3
Session Total			9
Fall 2 nd Year	Credits	Spring 2 nd Year	Credits
CNSL 6991 CMHC Internship	3	CNSL 6991 CMHC Internship	3
CNSL 6930 Advanced Group Counseling	3	CNSL 6760 Addictions Counseling	3
CNSL 6610 The Practice of Mental Health	3	CNSL 6360 Trauma & Crisis	3
Semester Total	9	Semester Total	9
Summer 2 nd Year*			Credits
Special Topics in SC			6
Fall 3 rd Year	Credits	Spring 3 rd Year	Credits
CNSL 6991 SC Internship	3	CNSL 6991 SC Internship	3
CNSL 6880 Family and Couples	3	CNSL 6810 Career & Lifestyle Development	3
CNSL xxxx Counselors as Educators	3	CNSL 6400 Children & Adolescents	3
Semester Total	9	Semester Total	9
			TOTAL: 75 Credits

*Out of state students should be aware that VTR does not apply to summer session

Dual Option (SC Entry) Schedule of Classes

Full Time Dual SC/CMHC Program of Study: 75 Credits					
Fall 1 st Year		Credits	Spring 1 st Year		Credits
CNSL 6750 Laboratory Experience in Counseling	3		CNSL 6630 Counseling Practicum	3	
CNSL 6700 Diversity & Intersectionality	3		CNSL 6450 Diagnosis in Mental Health	3	
CNSL 6500 Professional Issues in Counseling	3		CNSL 6200 Developmental Perspectives	3	
CNSL 6740 Counseling Theory and Practice	3		CNSL 6400 Developmental Guidance in SC	3	
Semester Total	12		Semester Total	12	
Summer 1st Year*					Credits
CNSL 6000 Research Methods					3
CNSL 6420 Assessment in CMHC					3
Special Topics in SC					3
Session Total					9
Fall 2 nd Year		Credits	Spring 2 nd Year		Credits
CNSL 6991 SC Internship in Counseling	3		CNSL 6991 SC Internship in Counseling	3	
CNSL 6930 Advanced Group Counseling	3		CNSL 6400 Children & Adolescents	3	
CNSL xxxx Counselors as Educators	3		CNSL 6360: Trauma & Crisis	3	
Semester Total	9		Semester Total	9	
Summer 2nd Year*					Credits
Electives/Special Topics in SC					6
Fall 3 rd Year		Credits	Spring 3 rd Year		Credits
CNSL 6991 CMHC Internship	3		CNSL 6991 CMHC Internship	3	
CNSL 6880 Family and Couples	3		CNSL 6810 Career & Lifestyle Development	3	
CNSL 6610 The Practice of Mental Health	3		CNSL 6760 Addictions Counseling	3	
Semester Total	9		Semester Total	9	
TOTAL: 75 Credits					

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**UVM Counseling Program Part Time Model
Clinical Mental Health Counseling Program Sample Program of Study**

Year 1			
Fall Semester		Spring Semester	
CNSL 6500 Professional Issues in Counseling	3	CNSL 6440 Counseling Children & Adolescents	3
CNSL 6770 Diversity & Intersectionality	3	CNSL 6200 Development Perspectives	3
Total	6	Total	6
Yearly Credits			12
Year 2			
Fall Semester		Spring Semester	
CNSL 6880 Family & Couples Counseling	3	CNSL 6810 Career & Lifestyle Development	3
CNSL 6610 Practice of Mental Health	3	CNSL xxxx: Trauma and Crisis	3
Total	6	Total	6
Yearly Credits			12
Year 3			
Fall Semester		Spring Semester	
CNSL 6740: Counseling Theory & Practice	3	CNSL 6630: Counseling Practicum	3
CNSL 6750: Laboratory Experience	3	CNSL 6450: Diagnosis in CMHC	3
Total	6	Total	6
Yearly Credits:			12
Year 4			
Fall Semester		Spring Semester	
CNSL 6991: Counseling Internship	3	CNSL 6991 Counseling Internship	3
CNSL 6930: Advanced Group Counseling	3	CNSL 6760 Addictions Counseling	3
Total	6	Total	6
Yearly Credits:			12
Summers*			
CNSL 6000 Assessment in Clinical Mental Health Counseling (3)			
CNSL 6000 Research Methods in Counseling (3)			
Electives (6)			
			Total Summer Credits: 12
			TOTAL = 60

*Out of state students should be aware that VTR does not apply to summer session

+ A minimum of 6 credits per semester are required for federal financial aid.

UVM Counseling Program Part Time Model
School Counseling Program Sample Program of Study

Year 1			
Fall Semester		Spring Semester	
CNSL 6500 Professional Issues in Counseling	3	CNSL 6400 Developmental Guidance in SC	3
CNSL 6200 Development Perspectives	3	CNSL 6810 Career & Lifestyle Development	3
Total	6	Total	6
Yearly Credits			12
Year 2			
Fall Semester		Spring Semester	
CNSL 6770 Diversity & Intersectionality	3	CNSL 6440 Counseling Children & Adolescents	3
CNSL 6880 Family & Couples Counseling	3	Special Topics in School Counseling	3
Total	6	Total	6
Yearly Credits			12
Year 3			
Fall Semester		Spring Semester	
CNSL 6740: Counseling Theory & Practice	3	CNSL 6630: Counseling Practicum	3
CNSL 6750: Laboratory Experience	3	CNSL 6410: Diagnosis in School Counseling	1
		Special Topics in School Counseling	3
Total	6	Total	7
Yearly Credits:			13
Year 4			
Fall Semester		Spring Semester	
CNSL 6991: Counseling Internship	3	CNSL xxxx: Trauma and Crisis	3
CNSL 6930: Advanced Group Counseling	3	CNSL 6760 Addictions Counseling	3
Total	6	Total	6
Yearly Credits:			12
Summers*			
CNSL 6520 Assessment in School Counseling (2)			
CNSL 6000 Research Methods in Counseling (3)			
Special Topics in School Counseling (6)			
			Total Summer Credits: 11
TOTAL = 60			

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+ A minimum of 6 credits per semester are required for federal financial aid.