

# ENGAGE UPLIFT INSPIRE



# Women in Leadership Executive Program

The goals of the Women in Leadership Executive Program are to engage, uplift and inspire. You'll learn the nuances of leading teams effectively and grow as a leader – both personally and professionally. Engage and uplift others by inspiring positive change within your organization when you distinguish yourself with your certificate from the UVM Grossman School of Business.

Format & Timeline Online – 32 Hours, Self Paced

Instructors Female Industry Professionals

Coursework Discussions, Workbooks, Assessments

## Key takeaways...

- Assess your leadership skills and learn your impact on your company.
- Uncover how emotional intelligence helps you communicate effectively, empathize, overcome challenges, and defuse conflict.
- Create an in-depth plan to support mentorship opportunities.
- Discover essential elements to increase the success of your negotiations.
- Learn how work-life balance helps you meet career and personal growth plans.
- Understand diversity, equity and inclusion initiatives and the steps to get involved.

802-242-3800

### Register at uvm.executive.education



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#### **Pillars of Positivity**

Explore the important pillars of positivity and networking for high achieving female leaders. Learn to successfully lead change within your organization by understanding your personal strengths and how to use them intentionally and purposefully.

#### Work-life Balance & Mentoring

Embrace your self-confidence and expand your leadership while balancing your professional and personal life. Understand mentorship, develop an action plan to foster opportunities, and discover the rewards for everyone in your organization.

#### Advocacy, Actions & Accountability

Create an advocacy plan, define your success measurements and the resources you'll need. Learn to be more assertive, when to take decisive actions, and how to allocate resources to influence and improve employee performance.

#### Driving Ideas & Intellectual Growth

Use idea sprinting and new product development as a means for intellectual growth and relevancy. Drive relationship-based innovation to see how ideas bred by an organization lead to transformational and transactional success.

#### Inspiring Emotional Intelligence

Uncover the elements of emotional intelligence that make an impact on your organization when you identify and assess empathy among employees. Discover how to use your own experiences to inspire and lead team dynamics.

#### Improving Communication Habits

Understand communication patterns and overcome challenges with diversity and adversity in a complex work environment. Generate strategies to communicate with a dynamic work force while facing challenges and embracing inclusivity.

#### Skills for Contracts & Negotiations

Develop collaborative communication methods and enhance your skills for the negotiation process. Harness the power of your actions to lead and manage efforts in your organization, resulting in measurable and accountable projects.

#### Leadership & Organizational Culture

Learn how female-run businesses have caused ripple effects in leadership and company culture. Assess the impact of female leadership on your company culture and review diversity, equity, and inclusion initiatives to start now.

# Your Strategic Growth & Organizational Capstone Project

Develop a Personal Growth Plan to help you utilize your newfound power with confidence, authenticity and presence. Or create an Organization Strategic Plan to empower female leaders throughout your entire company.

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