
Lisa M. Cepeda

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CURRENT EMPLOYMENT

Faculty at University of Vermont

Psychology Department (Fall of 2012-Present)
I teach undergraduate courses.

Psychologist at Counseling and Psychiatry Services

Center for Health and Wellbeing (Fall of 2012- Present)

Clinical Private Practice

(Summer of 2012- Present)

RECENT EMPLOYMENT

Faculty at Texas A&M University

Psychology Department (Fall of 2008-Spring 2012)
I supervise graduate students in their clinical work as well as teach undergraduate and graduate courses.

Clinical Private Practice

(Fall of 2008-Summer 2012)

Bilingual licensed psychologist, serving many Hispanic (including Spanish speaking monolingual) people in the Bryan/College Station area. I specialize in couple's work, young people, including adolescents and families. I work well with the GLBT community and specialize as well with clients that struggle with eating disorders. I am also a trained mediator and volunteer my services to the Texas A&M faculty.

EDUCATION

Texas A&M University

Counseling Psychology, Ph.D. (August 2008) - APA accredited
Dissertation: Therapist Self-disclosure and Adolescent Behavior in Online Therapy (successfully defended in December, 2007)

University of Wisconsin-Milwaukee

Teaching certification: Secondary Education-Spanish (May 1987)
Teaching certification: English as a Second Language (May 1987)

University of Wisconsin-Madison

B.A. Spanish (May 1985)

Universidad de Salamanca, Spain

Study abroad program (January-December, 1982)

Bennington College

Liberal Arts (January-December, 1981)

PROFESSIONAL INTERESTS

Couples counseling

Diversity with emphasis on GLBT, Hispanic, and Women issues

Eating Disorders

PROFESSIONAL AFFILIATIONS

- American Psychological Association
- Texas Psychological Association
- National Hispanic Scientific Network on Drug Abuse

CLINICAL TRAINING

Internship in Professional Psychology (August 2007 – July 2008)

Student Counseling Service – Texas A&M University, College Station, TX

Clinical Supervisors: Ted Stachowiak, Ph.D., Ron Lutz, Ph.D.

Counseling: Provided therapy and crisis counseling for students with concerns including, but not limited to, mood disorders, personality issues, eating disorders, relationship issues, trauma, sexual assault/abuse, gender issues, adjustment problems, career indecision, and academic problems.

Groups: Co-led two semester-long groups with Center staff psychologists: Interpersonal Process Group for psychology doctoral students and Academic Anonymous Group for students on academic probation.

Supervision: Provided weekly individual clinical supervision for third year counseling doctoral students. Supervision focused on the review of videotaped therapy sessions for the purpose of developing the supervisees' clinical skills, case conceptualization, treatment planning, and therapeutic interventions.

Assessment: Performed clinical interviews. Administered and interpreted socio-emotional, personality, career and academic instruments. Wrote psychological reports and provided feedback and recommendations to clients. Instruments used included:

- Firo-B
- Myers-Briggs Type Indicator (MBTI),
- Strong Interest Inventory (SII),

- Learning And Study Strategies Inventory (LASSI) and
- personal and work values assessments.

Outreach: Gave presentations on time management and stress reduction skills. Facilitated process groups for the Aggie Honors Program. Provided on-site counseling for Student Life activities (Tunnel of Oppression, Voices of Men).

Specialized Training: Participated in weekly multiculturalism, biofeedback and existential-analytic therapy training seminars as well as additional presentations on various mental health topics including: self harm, eating disorders, suicide risk assessment, gender issues, sexual orientation, acculturation, racial/cultural/ethnic identity, disabilities, change process, consultation, psychological assessment, brief therapy, age issues, bipolar and psychotic disorders.

Clinical Review Committee Member: Reviewed role and scope of Student Counseling Service. Participated in changing registration formatting to align with national study protocol.

Advanced Clinical Practicum Experiences

Individual/Couples Psychotherapy

2006-2007—Associates for Applied Psychology (College Station, TX)

Supervisor: Dr. Brian Stagner

Provided individual and couples therapy to Spanish-speaking clients 5 h/week.

2006-2007—Rape Crisis Center (Bryan, TX)

Supervisor: Dr. Donna Davenport

Provided therapy 10 h/week to survivors of sexual abuse, focusing on client issues of recovery, self-esteem, depression, adjustment, and interpersonal relations.

2004-2005—Student Counseling Service, Texas A&M University (College Station, TX)

Supervisor: Dr. Ron Lutz

Provided therapy 10 h/week to students using a person-centered approach. Client issues included anxiety, body image, grief, alcohol abuse, interpersonal relationships, and depression.

Spring 2005—Estelle Special Needs Substance Abuse Felony Punishment Facility (Huntsville, TX)

Supervisors: Drs. Tom Crews & Michael Duffy.

Provided therapy and personality and cognitive assessment 15 h/week to incarcerated male clients focusing on drug abuse, history of physical and psychological abuse, depression, anger management, communication, interpersonal relations, adjustment and trauma.

2003-2005—Online Counseling Practicum: Gear-Up Grant, Texas A&M University (College Station, TX)

Supervisors: Drs. Collie Conoley, and Linda Castillo.

Provided online therapy 5 h/week to predominantly Hispanic seventh through ninth grade students from underserved rural areas with an emphasis on solution-focused therapy covering issues of self-mutilation, interpersonal relationships, academic concerns, grief, and abuse.

2003-2004—Counseling and Assessment Clinic, Texas A&M University (College Station, TX)

Supervisor: Drs. Collie Conoley, Dan Brossart, and David Lawson

Provided therapy and assessment 10 h/week to adult individuals and couples in the Bryan/College Station community. Client issues included anger, depression, abuse history, interpersonal relations, parenting skills, communication, grief, adjustment, and trauma. Orientations included cognitive-behavioral, psychodynamic, and solution focus theories.

Summer 2003—Student Counseling Service, Texas A&M University (College Station, TX)

Supervisor: Dr. Steve Wilson

Provided therapy 10 h/week to students with an emphasis on interpersonal process theory to treat anxiety, body image, grief, interpersonal relationships, and depression.

Group Therapy Experience

Spring 2006—Assertiveness Training for the Graduate Student, Texas A&M University (College Station, TX)

Supervisor: Dr. Donna Davenport

Assessment-Focus Experience (15 h/week)

Spring 2005– Field Practicum in Assessment
Estelle Special Needs Substance Abuse Felony Punishment Facility, (Huntsville, TX)

Supervisors: Tom Crews, Ph.D. & Michael Duffy, Ph. D.

Conducted personality assessments using the MMPI-II, MCMI-III, Shipley Institute of Living Scale, SCL-90-R, Short Mental Status Exam, Substance Abuse Evaluation, clinical interviews, and feedback sessions to inpatient clients.

Program Development and Supervision Experiences

2003-2006—The Gulf Coast *Gear-Up* Partnership Project (Texas A&M University, College Station, TX)

Supervisors: Drs. Collie Conoley and Linda Castillo (Texas A&M University, College Station, TX)

Developed a counseling program and trained and supervised 5 to 10 graduate therapy practicum students per semester for six consecutive semesters. The graduate students provided online therapy services to low-income and Hispanic adolescent students living in Southwest Texas.

OTHER PROFESSIONAL TRAINING

Spring 2007—*Conflict Resolution Mediation Training* (Center for Change and Conflict Resolution (Bryan, TX).

Completed 40 h training and received Basic Mediation Certificate to satisfy Texas State Mediation standards.

Summer 2006—*Hypnosis and Ericksonian Approaches Seminar* (Student Counseling Service, Texas A&M University)

Attended nine-week long workshop to gain understanding and practical experience in the use of Ericksonian psychotherapy.

Fall 2003—*Marital Therapy: A Research-Based Approach*, The Gottman Institute, Inc.

Attended a two-day workshop on current research findings regarding marriage, research-based tools for marital assessment and diagnosis, and specific techniques and interventions for working with couples.

Fall 2003—*Third Annual Conference of the National Hispanic Science Network on Drug Abuse*

Attended a three-day conference discussing current research findings and ongoing outreach efforts on drug abuse and prevention within the Hispanic community.

PUBLICATIONS

Castillo, L. G., Conoley, C. W., Cepeda, L. M., Ivy, K. K., Archuleta, D. J. (2010). Mexican-Americans' Perceptions of a Pro-College Culture. *Journal of Hispanic Higher Education*, 9, 61-73.

Cepeda, L. M. & Davenport, D. S. (2006). Person-centered therapy and solution-focused brief therapy: An integration of present and future awareness. *Psychotherapy: Theory, Research, Practice & Training*, 43, 1-12.

Cepeda, L. M. & Barnes, A. D. (2004). Providing mental health services with online youth counseling. *El Boletín*, 8, 12.

PRESENTATIONS

Conoley, C., Barnes, A., & Cepeda, L. (2005, March). *Engaging gear up adolescents online*. Symposium presented at the annual meeting of the Texas Gear Up Forum. College Station, TX.

Conoley, C., Barnes, A., & Cepeda, L. (2004, July). *Conducting online counseling with Latino adolescents*. Symposium presented at the annual meeting of the American Psychological Association, Honolulu, HI.

Cepeda, L., & Thompson, B. (February, 2004). Reliability Generalization (RG): What it is: Why it's Important, and how to do it. Paper presented at the 27th Annual Conference of the Southwest Educational Research Association. Dallas, Texas.

Conoley, C., Castillo, L., Cepeda, L., Barnes, A., Ivy, K., Lamothe-Francois, B., Duncan, B., & Archuleta, D. (2003, November). *Internet counseling for 7th grade children in underserved areas*. Symposium presented at the annual meeting of the Texas Psychological Association, Dallas, TX.

Cepeda, L. M., & Conoley, C. W. (October- 2003). *Internet Counseling for Hispanic, 8th Grade Children from the Texas Valley*. Poster presented at the 3rd Annual Conference of the National Hispanic Science Network on Drug Abuse. Miami Beach, Florida.

POST-SECONDARY EDUCATION TEACHING

Workshop co-Leader (with Dr. Donna Davenport; November 2007).
The Teaching and Supervision of Affective Skills (Annual Conference of the Texas Psychological Association, San Antonio)
Provided participants with specific approaches to enhance student's/supervisee's attention to therapeutic process and provided guidelines for teaching affective skills.

Workshop co-Leader (with Dr. Donna Davenport; June 2006).
Advanced Psychotherapy Skills (Blinn College; Bryan, TX)
Leader: Dr. Donna Davenport, Texas A&M University
Taught advanced skills to psychologists and counselors seeking continuing education (CE) credits towards their license requirements.

Graduate Teaching Assistant (May 2005)

Advanced Psychotherapy Skills--CPSY 673 (Texas A&M University, College Station, TX)

Instructor: Dr. Donna Davenport, Texas A&M University

Taught advanced doctoral students clinical skills, including assertiveness skills training, experiential techniques, dream work, guided imagery and metaphor sentence stem use.

Clinical Supervisor (2003-2006)

The Gulf Coast Gear-Up Partnership Project (Texas A&M University, College Station, TX)

Supervisors: Drs. Collie Conoley and Linda Castillo (Texas A&M University, College Station, TX)

Developed a counseling program and trained and supervised 5 to 10 graduate therapy practicum students per semester for six consecutive semesters. The graduate students provided online therapy services to low-income and Hispanic adolescent students living in Southwest Texas.

Spanish Instructor (1994-2002)

Spanish at H.A. Holditch and Schlumberger Petroleum Engineering (College Station, TX)

Developed and taught Spanish to petroleum engineers with work assignments in Latin American countries.

Lecturer (1989-1990)

Spanish 101 (Purdue University, W. Lafayette, IN)

SECONDARY EDUCATION TEACHING

Teacher (1994-1997)

Basic and Advanced Spanish (A&M Consolidated High School, College Station, TX)

Teacher (1988-1994)

Basic and Advanced Spanish (Harrison High School, Tippecanoe County, IN)

Teacher (1987-1988)

7th & 8th Grades: Math, Language Arts, & US History in Spanish for Bilingual Speakers (Wilbur Wright Middle School, Milwaukee, WI)

REFERENCES

Donna Davenport, Ph.D.,
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