

**Lee Rosen**  
**CURRICULUM VITAE**

**Position:** Assistant Professor  
Department of Psychiatry

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**EDUCATION**

<b>Year</b>	<b>Institution</b>	<b>Degree</b>	<b>Area of Degree, Accolades</b>
1992-1998	University of Vermont (Advisor: Susan Crockernberg, Ph.D)	Ph.D	Clinical Psychology
1986-1990	University of Massachusetts, Amherst (Advisor: Susan Fiske, Ph.D.)	M.S.	Social and Personality Psychology
1982-1986	Oberlin College	B.S.	Psychology High Honors, Sigma Xi

**LICENSES, CERTIFICATION**

1998-present Licensed Clinical Psychologist, Doctorate, Vermont

**FACULTY POSITIONS HELD**

<b>Years</b>	<b>Institution</b>	<b>Academic Title</b>	<b>Department</b>
2022-present	Larner College of Medicine at the University of Vermont	Associate Professor	Psychiatry
2011-2022	Larner College of Medicine at the University of Vermont	Assistant Professor	Psychiatry

1998-present	Vermont Psychological Services, University of Vermont	Adjunct Assistant Professor of Clinical Practice, Supervising psychologist	Psychological Science
2008-2011	University of Vermont, Burlington	Lecturer	Psychiatry

### OTHER POSITIONS AND MAJOR ADMINISTRATIVE POSITIONS HELD

Years	Location/Program Name	Role
2015-present	Larner College of Medicine at The University of Vermont	<i>Director of Student Well-being</i>
2020-2022	Larner College of Medicine at The University of Vermont	<i>Interim Associate Dean for Students</i>
2008-2019	Larner College of Medicine at The University of Vermont	<i>Course Director</i>
1998-present	Vermont Psychological Services (formerly known as, The Behavior Therapy and Psychotherapy Center) , University of Vermont Department of Psychological Science	<i>Supervising Psychologist,</i>

### HONORS AND AWARDS

Year	Name of Award
2023	<i>Nominee</i> for the Dean's Professionalism Award, for representing the tenets of the Larner Statement on Professionalism to enhance the College's mission with respect to teaching, research and/or service at the Larner College of Medicine at the University of Vermont.
2019	<i>Finalist</i> (with Leigh Ann Holterman, Elizabeth Lynch, Olivia Larkin, and Moshe Bitterman) Excellence in Medical Education Poster Award at the at the annual meeting of the Northeast Group on Educational Affairs, University of Pennsylvania Perelman School of Medicine
2017	<i>Nominee</i> (with Jayne Manigrasso, Katherine Warther and Aaron Hurowitz) Best Poster at the Annual Meeting of the International Association of Medical Science Educators
2016	Inducted into the Teaching Academy as <i>Master Teacher</i> at The University of Vermont Larner College of Medicine

2016	<i>Finalist</i> (with Alison Howe, Laura McCray, and Justin Genziano) for the Excellence in Medical Education Poster Award at the annual meeting of the Northeast Group on Educational Affairs.
2015	<i>Nominee</i> for the Cameo Award for Foundations
2010	NEGEA Innovations in Pre-Clinical Medical Student Education Award (with David Longstroth, Paula Duncan, M.D., Dana Walrath, Ph.D., and Jan Carney, MD).
1986	R.H. Stetson Award for undergraduate research in psychology

**COLLEGE SERVICES**

<b>Years</b>	<b>Service Committee</b>	<b>Role</b>
2021-2022	The LCOM Mental Health Task Force	Co-chair
2021-present	Deans Advisory Committee on Diversity, Equity, and Inclusion	Ex-officio member
2021-present	Medical Education Leadership Team	Member
2021-2023	LCOM Student Council	Faculty Advisor
2020	Crisis Response Team	Member
2021	LCME review committee on Standards 11 and 12	Member
2019-present	OMSE/Office of Diversity and Inclusion Student Task Force	Member
2019-present	Meditation and Mindfulness Student Interest Group	Faculty mentor
2017-present	LCOM Committee on Advancement	Ex-officio Advisor
2017-2020	UVM Schweitzer Fellowship Selection and Advising Group	Member
2018-2022	LCOM Wellbeing Research Group	Member
2017-present	LCOM Student Commencement Speaker Review Committee	Member
2017-present	LCOM Committee on Awards and Scholarships	Member
2016-present	LCOM student Wellness Committee	Faculty Advisor
2015-2018	Admissions Committee	Member

2012-2017	Dean's Advisory Committee on Diversity and Inclusion	Member & Subcommittee Chair
2013-2015	Admissions MMI Design and Leadership Team	Team Leader
2012-2014	Admissions Committee	Interviewer
2011-2013	LCME Subcommittee on Educational Programs	Working Group Chair

#### MEDICAL CENTER SERVICE

<b>Years</b>	<b>Service Committee</b>	<b>Role</b>
2016-2017	UVM MC Workgroup on Preventing Professional Burnout	Member

#### UNIVERSITY SERVICE

<b>Years</b>	<b>Service Committee</b>	<b>Role</b>
2017-present	Student Accessibility Services Faculty Advisory Committee	Member
2018-present	Faculty Advisory Library Committee	Member
2011-2014	Faculty Senate Library Committee	Member

#### SOCIETY MEMBERSHIPS

<b>Years</b>	<b>Society</b>
2014-Present	Association for Psychological Science

#### SERVICE TO PROFESSIONAL ORGANIZATIONS

<b>Years</b>	<b>Service Committee</b>	<b>Role</b>
2018	Abstract review for Annual Meeting, Northeast Group on Educational Affairs	Reviewer

#### TEACHING AWARDS AND NOMINATIONS

2014	Nominee, Foundations Course Director Award
2016	Foundations Teaching Award Nominee
2016	Innovation in Education Award Nominee
2016	Inductee into the LCOM Teaching Academy as Master Teacher

#### RESEARCH AND SCHOLARLY ACTIVITIES

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##### RESEARCH AWARDS AND GRANTS

##### **Completed Research Support**

VT Genetics Network Grant	Brian Glenney, Ph.D. (PI)	01/01/17-12/31/17
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“Risk Identity in Skateboard Culture” The goal of this project is to investigate factors related to helmet use among Vermont skateboarders. Role: Co-investigator

## SCHOLARSHIP

### Peer Reviewed Publications

#### Original Research

1. **Rosen**, L. D., Heckman, T., Carro, M. G., and Burchard, J. D., Satisfaction, involvement, and unconditional care: The perceptions of children and adolescents receiving wraparound services, *Journal of Child and Family Studies*. 3, 55-67, 1994.
2. Goodwin, S. A., Fiske, S. T., **Rosen**, L. D., Rosenthal, A. M., The eye of the beholder: Romantic goals and impression biases, *Journal of Experimental Social Psychology*. 38 (3), 232-241, 2002.
3. Marotta, M., **Rosen**, L., Seagrave, M., Grabowski, D., Matthew, J., and Craig, W., Exercise heart rate monitors for anxiety treatment in a rural clinic, *Family Medicine*. 45 (9), 615-621, 2013.
4. **Rosen**, L., Mahon, J. Murdock, S., Moran, C., and Buckley, K. Off to the right start: A model for developing collaboration with nurses early in medical school, *Medical Science Educator: The Journal of the International Association of Medical Science Educators*, 23, 513-523, 2013.
5. Muller, I.R., Eldakar-Hein, S.T., Ames, S.E., **Rosen**, L.D., Urman, R.D., Tsai, M.H., Potential Association Between Physician Burnout Rates and Operating Margins: Specialty-Specific Analysis. *Journal of Medical Practice Management*. (PMID 29969540) January 2017.
6. Rodriguez M.L., Corse A.C., **Rosen** L., Mental Health Services Use Among Medical Students: Perceived Stigma and Barriers to Care. *Medical Science Educator*, 10.1007/s40670-017-0392-6, 28 February 2017
7. Greene, S., Collins, A., **Rosen**, L., A Memorial Ceremony for Anatomical Donors: an Investigation of Donor Family and Student Response. *Medical Science Educator*, 10.1007/s40670-017-0504-3, 06 December 2017
8. Greene, S.J. and **Rosen**, L. Sharing personal information about anatomical body donors: What first-year medical students want to know and how it affects emotional responses to dissection. *Clinical Anatomy*, 10.1002/ca.23389, 32 (8): 1019-1032, November 2019
9. Greene, S.J. and **Rosen**, L. Tracking medical student emotionality in relation to whole body dissection and donation. *Clinical Anatomy*. 10.1002/ca.23676, 34: 128-142, September 2020

10. Beach, I., Lynch, T., and **Rosen, L.** Step Siblings: A novel peer mentorship program for medical student wellness during USMLE Step 1 preparation. *Medical Science Educator* 10.1007/s40670-022-01571-4, 32: 803-810, June 2022.
11. Milne, A., Novelli, A, Watson, C., Yousef, H., Holterman, L.A., Rosen, L., Bai, Y., Hudziak, J., and Copeland, W. The Potential of Real-time Assessment of Student Behavior and Wellbeing to Improve Medical Student Wellness. In press at *Academic Medicine*.

### **In Review**

1. Novelli, A, Watson, C., Milne, A., Yousef, H., Holterman, L.A., Rosen, L., Bai, Y., Hudziak, J., and Copeland, W. Associations between daily wellness behaviors and outcomes among medical students: A longitudinal survey study. Under review at *BMC Medical Education*

### **Non-Peer Reviewed Publications**

#### **Articles**

1. **Rosen, L. D.**, and Burchard, J. D. What can youth tell us about Wraparound? *Common Ground: For Professionals Serving Children and Families*, XI, pp. 1,15, 1993
2. Glenney, B., Zvorsky, I., Benner, N., **Rosen, L.**, A Survey of Helmet Use Among Vermont Snowboarders. *State of Vermont, A local 'zine*, Issue 1, 2017
3. **Rosen L.**, How to be Mindful at the Doctor's Office, *New York Times, Well Section*, Meditation for Real Life, May 3, 2017.
4. **Rosen, L.** Tumbling into mindfulness. *The Snowboarder's Journal*. Issue 17.2, 2019

#### Paper Presentations

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| 2010 | <b>Rosen, L.</b> , Jeffries, W., and Moran, C. A comprehensive approach to fostering self-awareness, communication skills, and professionalism through a mandatory, year-long, process-oriented course in the first year of medical school. Paper presented at the annual meeting of the Generalists in Medical Education, Washington, DC. |
| 2011 | Cepetelli, E., Shaner-McRae, H., and <b>Rosen, L.</b> Outcomes of an early interdisciplinary educational intervention in the professional formation of nurses and physicians. Paper presented at the annual meeting of the International Council of Nurses. La Valeta, Malta.  |
| 2012 | McCray, L., <b>Rosen. L.</b> , and Delaney, T. (April, 2012) Preventing burnout: The development of a medical student wellness curriculum. Workshop presented at the annual meeting of the Society for Teachers in Family Medicine, Seattle, WA  |

- Greene, S, Howe, A., and **Rosen, L.** Tracking medical student emotionality in relation to whole body dissection and donation. Paper presented at the annual meeting of the American Association of Clinical Anatomists, Denver, CO.
- 2013 **Rosen, L.**, Murdock, S., and Moran, C. (April, 2013) Off to the right start: A model for developing collaboration with nurses early in medical school. Paper presented at the annual meeting of the Northeast Group on Educational Affairs. New York, NY
- 2015 Greene SJ, Bechtel A, **Rosen L.** The meaning of a Convocation of Thanks: Beyond the students. Paper presented at the American Association of Clinical Anatomists annual meeting, Las Vegas, NV.
- 2016 **Rosen, L.**, and Wetzel, M. Using mindfulness to create receptivity to feedback. A workshop given at the Teaching Academy at the University Of Vermont College Of Medicine Annual Stick Season Retreat, Burlington, VT

#### Poster Presentations

- 2010 Longstroth, D. , Duncan, P., **Rosen, L.**, Walrath, D., Carney, J. Health education and access linkages (project HEAL): Assessing medical students achievement of community and cultural competencies, through service learning projects and interdisciplinary collaboration. Poster presented at annual meeting of the Northeastern Group on Educational Affairs, Storrs, CT.
- 2011 Marotta, M., **Rosen, L.**, Grabowski, D., Matthew, J.D., Fisch, J., Seagrave, M., and Craig, W. Work in progress: Pilot Study of heart rate monitor for anxiety reduction in a primary care setting. Poster presented at the annual meeting of the Society of Teachers of Family Medicine, New Orleans, LA.
- 2014 Jeffries, W., Lewis, J., Rich, A., Feldman, N., Adams, D., and **Rosen, L.** Improving the learning environment at the University Of Vermont College Of Medicine. Poster presented at the Teaching Academy at the University Of Vermont College Of Medicine Annual Stick Season Retreat, Burlington, VT.
- 2014 Jewkes,C., Gallant, J., Nicholas, C., Feldman, N., **Rosen, L.**, Jaworski, D., Nagle, K., CichoskiKelly, C., Sladyk, S., and McElhinney, E. Data-Driven, Competency-Based Holistic Admissions Using the MMI as Part of a Multi-layered Assessment of Competencies in the Admissions Process. Poster presented at the Teaching Academy at the University Of Vermont College Of Medicine Annual Stick Season Retreat, Burlington, VT.
- 2014 Hershkowitz, D., and **Rosen, L.** A Preliminary Analysis of Diversity and Cultural Competency in UVM Pre-Clinical Courses Case Presentations. Poster presented at the Teaching Academy at the University Of Vermont College Of Medicine Annual Stick Season Retreat, Burlington, VT.

- 2016 Hershkowitz, D, Anderson, H., Howe, A, and **Rosen, L.** An Examination of Study Habits and Performance on the USMLE Step 1 Exam Among 2nd Year Medical Students at the University of Vermont College of Medicine. Poster presented at the Northeastern Group on Educational Affairs, Providence, RI.
- 2016 Howe A, McCray L, **Rosen L,** Genziano J. Medical Students' Perceptions of Self-Care Activities. Poster presented at the annual meeting of the Northeastern Group on Educational Affairs, Providence, RI.
- 2016 Muller I, Eldakar-Hein S, Ames SE, **Rosen L,** Urman, R, Tsai M. Potential Association Between Physician Burnout Rates and Operating Margins: Specialty-Specific Analysis. Poster presented at the University of Vermont Student Research Conference, Burlington, VT
- 2017 **Rosen L.,** Manigrasso J., Warther K., Hurwitz A., Streck J., "Uncomfortable yet incredibly important": A method for creating conversations about race among first year medical students. Poster presented at University of Vermont College of Medicine Teaching Academy Snow Season Retreat, Burlington, VT
- 2017 **Rosen L.,** Manigrasso J., Warther K., Hurwitz A., Streck J., "Uncomfortable yet incredibly important": A method for creating conversations about race among first year medical students. Poster presented at the International Association of Medical Science Educators' conference, Burlington, VT
- 2017 Wetzel M., **Rosen L.,** Everett E., Moore J., Howe A. Using Mindfulness to Promote Feedback Receptivity in Third Year Medical Students. Poster presented at the International Association of Medical Science Educators' Conference, Burlington, VT
- 2017 Corse A., Rodriguez M., **Rosen L.** Mental Health Services Use among Medical Students: Perceived Stigma and Barriers to Care. Poster presented at the International Association of Medical Science Educators' Conference, Burlington, VT
- 2017 **Rosen, L.,** Griesinger, L., Jorgensen, J., A Method for Facilitating Reflective Discussion Among Medical Students During the Human Anatomy Lab. Poster presented at the Teaching Academy at the Larner College of Medicine at the University of Vermont Annual Snow Season Retreat, Burlington, VT
- 2018 Benner, N., Holterman, N., **Rosen, L.** Medical Student Satisfaction in the Operating Room: Comparing Laparoscopic and Open Procedures Poster presented at the Teaching Academy at the Larner College of Medicine at the University of Vermont Annual Snow Season Retreat, Burlington, VT
- 2018 Gross, B.W., Rosen, B.J., **Holterman, L.A.,** Anderson, K., Niccoli, C., Rosen, L. (November, 2018). Professionalism, Communication & Reflection: A unique approach to medical student wellness. Poster presented at the AAMC Learn Serve Lead, Austin, TX.



- Johnston, M., Couperus, C. **Rosen, L.**, Griesinger, L., Holterman, L. Step 1 Saturday School: A student-designed, student-led Step 1 preparation program. Poster presented at the Teaching Academy at the Larner College of Medicine at the University of Vermont Annual Snow Season Retreat, Burlington, VT
- 2019 **Rosen, L.**, Holterman, L, Lynch, E., Larkin, O., Bitterman, M., The Medical Student Mental Health Panel: A powerful approach to overcoming barriers to mental health care. Poster presented at the annual meeting of the Northeastern Group on Educational Affairs, Philadelphia, PA.
- 2021 Hoang, V., Kajtezovic, S., Holterman, L.A., **Rosen, L.** A discussion-based learning session to clarify values around abortion. Poster presented at the Teaching Academy at the Larner College of Medicine at the University of Vermont Annual Snow Season Retreat, Burlington, VT.
- 2203 Johnston, M., Couperus, C. **Rosen, L.**, Griesinger, L., Holterman, L. WE MD: An App-based Wellness Program for Medical Students. Poster presented at the AAMC Annual Learn, Serve, Lead Conference. Nashville, TN.

### Other Creative Activities

- 2019 Essay published in the Snowboarder’s Journal: *Tumbling into mindfulness: A novice at age 50*. A piece about learning to snowboard in late middle age and the lessons learned from allowing oneself to be a beginner throughout the lifespan. This essay was featured on Vermont Medicine online and the LCOM’s Instagram and FaceBook pages.
- 2015—present With Dean Zehle and the Office of Medical Education, participated in the LCOM Match Day “skit” that precedes the delivery of the students’ match letters. I remain proud of the Class of 2018 skit, themed around the Sorting Hat from Harry Potter, which I wrote and performed as the off-stage voice of the Hat. Most recently, I appeared from “Antarctica” during our Tropical Island skit.

### INVITED PRESENTATIONS

#### Regional

- 2012 Nursing Grand Rounds, Fletcher Allen Health Care Burlington, VT  
“Off to the right start: A model for introducing medical students to healthy working relationships with nurses”
- 2014, 2015 Princeton University, Department of Religion, Seminar on Meditation Princeton, NJ

	“Cognitive behavioral psychotherapy, meditation, and Buddhist thought”	
2014	North Country Hospital CME Series “Physicians, burnout, and mindfulness”	Newport, VT
2014	Morehouse School of Medicine “Student responses to whole body dissection and donation” (with Sarah Greene and Alison Howe)	Atlanta, GA
2015, 2016	Community Health Center of Burlington Annual Provider Retreat “Professional burnout, understanding and amelioration”	Charlotte, VT
2016	Teaching Academy Workshop at the UVM College of Medicine Annual Stick Season Retreat. “Using Mindfulness to create receptivity to feedback”	Burlington, VT
2016	Regional Meeting of the American College of Physicians. “Physician Burnout and Well Being”	Burlington, VT
2017	Hudson Headwaters Health Network. “Wellbeing and Burnout: Lessons from the Literature...and Third-Year Medical Students”	Glens Falls, NY
2018	LCOM Teaching Academy Mud Season Retreat. “Metacognition and medical education.”	Burlington, VT
2021	LCOM Teaching Academy Snow Season Retreat. The LCOM CATS (Career Advising Trail System)	Burlington, VT
2021	Invited for September, 2021, by the Vermont Psychological Association and New Hampshire Psychological Association. CME talk on “Positive Ethics in Clinical Practice.”	Montperlier VT
<b>National</b>		
2017	American Association of Internal Medicine’s Academic Internal Medicine Week. “Adding reflection to the Medical Student Clerkship and using it in Residency”.	Baltimore, MD