

**Elizabeth C. Pinel**  
Curriculum Vitae  
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Department of Psychology  
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**Education**

University of Texas at Austin, Ph.D., 1998  
Major: Social Psychology; Minor: Quantitative Methods

Hamilton College, B.A. Summa Cum Laude, 1992  
Major: Psychology; Minor: French

**Professional Experience<sup>1</sup>**

Director of Undergraduate Studies, Department of Psychology, University of Vermont, Burlington, 2013 – present.

Associate Professor, Department of Psychology, University of Vermont, Burlington, VT, 2007 – present.

Visiting Associate Professor, Department of Psychology, University of Vermont, Burlington, VT, 2005 – 2007.

Associate Professor, Department of Psychology, Penn State University, University Park, PA, 2004-2007.

Assistant Professor, Department of Psychology, Penn State University, University Park, PA, 1998-2004.

**Funding**

“Existential isolation as a pandiagnostic and dimensional factor in mental health and mental health outcomes” R01 submitted to the National Institutes of Health, not funded.

“Interpersonal Ayurveda: An empirical analysis of panchakarma’s influence on physical, psychological, and interpersonal well-being,” intramural grant submitted to the University of Vermont’s REACH grant program, \$17,643, not funded.

“On the impact of diet and probiotic use on psychological well-being and interpersonal functioning,” intramural grant submitted to the University of Vermont’s FISAR grant program, \$39,986, not funded.

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<sup>1</sup> An accumulated two years leave taken for parental leave: Spring 2004; Fall-Spring 2006-2007; Spring 2009

“An integrative approach to improving reactions to LGB persons,” Submitted to American Psychological Foundation on March 1, 2015, \$14,910, not funded.

“Unraveling the Isolation-Aggression Link,” Four year grant proposal submitted to the National Science Foundation, \$654,934, not funded.

“Shared subjective experience as a catalyst for interpersonal harmony,” Two year grant from the National Science Foundation (2012-2014), \$225,000.

“I-sharing and face-to-face encounters,” Submitted to American Psychological Foundation on March 1, 2010, \$15,000, not funded.

“Interpersonal Barriers to Healthful Eating,” Three-year R01 submitted to the National Institute of Diabetes and Digestive and Kidney Diseases, not funded.

“Costs of Minimizing Self-Threats,” Three-year collaborative proposal submitted twice to the National Science Foundation (July 2004 and July 2005), not funded.

“Inquiries into the Self and Relationships,” Four-year R01 from the National Institute of Mental Health (January 2004-2008), \$455,000 (direct costs).

SPSSI Grant-in-Aid, Society for the Psychological Study of Social Issues, June 2002, \$2,000.

RGSO Award, Penn State University, University Park, Pennsylvania, 2001, \$6,000.

Women’s Studies Dissertation Fellowship, University of Texas, Austin, Texas, 1997.

## **Publications**

\*Long, A. E., Pinel, E. C., & \*Yawger, G. (2017). When Shared Group Membership Signifies Shared Subjective Experience: I-sharing and the Not-So-Minimal Groups Paradigm. *Journal of Social Psychology*.

Pinel, E. C., Long, A. E., Murdoch, E., & \*Helm, P. (2017). A prisoner of one’s own mind: Identifying and understanding existential isolation. *Personality and Individual Differences*.

\*Huneke, M., & Pinel, E. C. (2016). Fostering Selflessness Through I-sharing. *Journal of Experimental Social Psychology*, 63, 10-18.

Pinel, E. C., \*Long, A. E., \*Huneke, M. (2015). In the blink of an I: On the time sensitivity of shared subjective experience. *Journal of Social Psychology*, 155, 605-616.

Pinel, E. C., Bernecker, S. L., & Rampy, N. (2015). I-Sharing on the Couch: On the Clinical Implications of Shared Subjective Experience. *Journal of Psychotherapy Integration*, 25, 59-70.

Grover, K.W., Pinel, E. C., Bosson, J. K., & Smith-LeBeau, L. (2013). The boundaries of minimization as a technique for improving affect: Good for the goose but not for the gander? *Journal of Applied Social Psychology*, 43, 1717-1724.

- Pinel, E. C., & Bosson, J. B. (2013). Turning our attention to stigma: An objective self-awareness analysis of stigma and its consequences. *Basic and Applied Social Psychology*, *35*, 55-63.
- Pinel, E. C., & Long, A. E. (2012). When I's meet: Sharing subjective experience with a member of the outgroup. *Personality and Social Psychology Bulletin*, *38*, 296-307.
- Bosson, J. K., Pinel, E. C., & Vandello, J. A. (2010). The impact of benevolent sexism: Folk beliefs versus real experiences. *Sex Roles*, *62*, 520-531.
- Pinel, E. C., Long, A. E., & Crimin, L. A. (2010). I-sharing and a classic conformity paradigm. *Social Cognition*, *28*, 277-289.
- Pinel, E. C. (2009). Validation in Close Relationships. In H. T. Reis & S. K. Sprecher (Eds.), *Encyclopedia of Close Relationships*.
- Pinel, E. C., Long, A. E., & Crimin, L. A. (2008). We're warmer (they're more competent): I-sharing and African Americans' evaluations of the ingroup and outgroup. *European Journal of Social Psychology*, *38*, 1184-1192.
- Bosson, J. K., Pinel, E. C., & Thompson, J. K. (2008). The affective consequences of minimizing women's body-image concerns. *Psychology of Women Quarterly*, *32*, 257-266.
- Constantino, M. J., Wilson, K. R., Horowitz, L. M., & Pinel, E. C. (2006). Measures of self-organization and their association with psychological adjustment. *Journal of Social and Clinical Psychology*, *25*, 333-360.
- Pinel, E. C., Long, A. E., Landau, M., Stanley, K., & Pyszczynski, T. (2006). Seeing I to I: A pathway to interpersonal connectedness. *Journal of Personality and Social Psychology*, *90*, 243-257.
- Pinel, E. C., & Paulin, N. (2005). Stigma consciousness at work. *Basic and Applied Social Psychology*, *27*, 345-352.
- Pinel, E. C., Warner, L. R., & Chua, P. (2005). Getting there is only half the battle: Stigma consciousness and maintaining diversity in higher education. *Journal of Social Issues*, *61*, 481-506.
- Pinel, E. C., Long, A. E., Landau, M., & Pyszczynski, T. (2004). I-sharing, the problem of existential isolation, and their implications for interpersonal and intergroup phenomena. In Greenberg, J., S. Koole, & T. Pyszczynski (Eds.), *Handbook of Experimental Existential Psychology* (pp. 352-368). New York: Guilford Press.
- Pinel, E. C. (2004). You're just saying that because I'm a woman: Stigma consciousness and attributions to discrimination. *Self and Identity*, *3*, 39-51.
- Bosson, J. K., Haymovitz, E. L., & Pinel, E. C. (2004). When saying and doing diverge: The effects of stereotype threat on self-reported versus nonverbal anxiety. *Journal of Experimental Social Psychology*, *40*, 247-255.

Brown, R. P., & Pinel, E. C. (2003). Stigma on my mind: Individual differences in the experience of stereotype threat. *Journal of Experimental Social Psychology, 39*, 626-633.

Pinel, E. C., & Constantino, M. J. (2003). Putting self psychology to good use: When social and clinical psychologists unite. *Journal of Psychotherapy Integration, 13*, 9-32.

Hamilton, J. C., Pinel, E. C., & Roskos-Ewoldsen, D. R. (2002). The effects of public counter-demonstrations on racial attitudes: A natural experiment. *Journal of Applied Social Psychology, 32*, 2611-2620.

Pinel, E. C. (2002). Stigma consciousness in intergroup contexts: The power of conviction. *Journal of Experimental Social Psychology, 38*, 178-185.

Gilbert, D. T., Pinel, E. C., Wilson, T. D., Blumberg, S. J., & Wheatley, T. P. (2002). Durability bias in affective forecasting. In Gilovich, T., Griffin, D., & Kahneman, D. (Eds.), *Heuristics and biases: The psychology of intuitive judgment* (pp. 292-312). Cambridge: Cambridge University Press.

Gilbert, D. T., Brown, R. P., Pinel, E. C., & Wilson, T. D. (2000). The illusion of external agency. *Journal of Personality and Social Psychology, 79*, 690-700.

Pinel, E. C. & Swann, W. B., Jr. (2000). Finding the self through others: Self-verification and social movement participation. In T. Owens & S. Stryker (Eds.), *Self, identity, and social movements: Social movements, protest, and contention* (vol. 13, pp. 132-152). Minneapolis, MN, US: University of Minnesota Press.

Pinel, E. C. (1999). Stigma consciousness: The psychological legacy of social stereotypes. *Journal of Personality and Social Psychology, 76*, 114-128.

Gilbert, D. T., Pinel, E. C., Wilson, T. D., Blumberg, S. J., & Wheatley, T. P. (1998). Immune neglect: A source of durability bias in affective forecasting. *Journal of Personality and Social Psychology, 75*, 617-638.

Featured in R. P. Abelson, K. P. Frey & A. P. Gregg (Eds.) (2003), *Experiments with people: Revelations from social psychology*. Mahwah, NJ: Erlbaum.

Greenberg, J., Pyszczynski, T., Solomon, S., Pinel, E., Simon, L., & Jordan, K. (1993). Effects of self-esteem on vulnerability-denying defensive distortions: Further evidence of an anxiety-buffering function of self-esteem. *Journal of Experimental Social Psychology, 29*, 229-251.

Greenberg, J., Solomon, S., Pyszczynski, T., Rosenblatt, A., Burling, J., Lyon, D., Simon, L., & Pinel, E. (1992). Assessing the terror management analysis of self-esteem: Converging evidence of an anxiety-buffering function. *Journal of Personality and Social Psychology, 63*, 913-922.

Reprinted in Baumeister, Roy F. (Ed). (1999). *The Self in Social Psychology. Key Readings in Social Psychology*. (pp. 105-122). Philadelphia, PA, US: Psychology Press/Taylor & Francis.

## Work under review and in preparation

Pinel, E. C., \*Helm, P., Greenberg, J., & Park, Y. C. (Under Review). Existential isolation and the search for meaning. *General Review of Psychology*.

Pinel, E. C., \*Yawger, G., Long, A. E., Brenna, R., \*Rampy, N., \*Finnell, S. (Accepted Pending Minor Revision). Human like me: I-sharing humanizes the otherwise dehumanized. *British Journal of Social Psychology*.

Pinel, E. C., \*Johnson, L. C., \*Long, A. E. (Under Revision). More about when I's meet: The intergroup ramifications of I-sharing, Part II. *Personality and Social Psychology Bulletin*.

Long, A. E., & Pinel, E. C. (Manuscript in Preparation). Seeking and avoiding I-contact: When subjective overlap attracts and when it repels. *Journal of Social Psychology*.

Pinel, E. C., \*Johnson, L. C., & \*Grover, K. W. (Manuscript in Preparation). I-sharing and the ability to compromise.

Pinel, E. C., & \*Johnson, L.C. (data analysis). Close encounters of the subjective kind.

## Invited Talks

Pinel, E. C. (2015). *I-sharing, Existential Isolation, and Prosociality*. University of Massachusetts, Amherst, MA.

Pinel, E. C. (2013). *I-sharing, Existential Isolation, and Prosociality*. Yale University, New Haven, CT.

Pinel, E. C., & Long, A. E. (2013). *When I's meet: Sharing subjective experience with someone from the outgroup*. Society for Personality and Social Psychologists, New Orleans, LA.

Pinel, E. C. (2012). *On making I-contact*. Middlebury College, Middlebury, VT.

Pinel, E.C., & Bosson, J.K. (2007). *Trivial pursuits: An exploration of the effects of minimization messages*. Society for Experimental Social Psychologists, Chicago, IL.

Pinel, E. C. (2005). *When I's meet: I-sharing as both a cause and cure of ingroup favoritism*. Fall Institute on Heterosexism, Racism, Oppression, and Bias, University of Vermont, Burlington, VT.

Pinel, E. C. (2006). *Seeing I to I: A pathway to interpersonal connectedness*. University of Vermont, Burlington, VT.

Pinel, E. C. (2003). *It's hard to succeed when the stereotypes are against you: Academic consequences of stigma consciousness*. Fall Institute on Heterosexism, Racism, Oppression, and Bias, University of Vermont, Burlington, VT.

Pinel, E. C. (2003). *It's hard to succeed when the stereotypes are against you: Academic consequences of stigma consciousness*. Bucknell University, Lewisburg, PA.

Pinel, E. C. (2002). *The costs of stigma consciousness*. Hamilton College, Clinton, NY.

Pinel, E. C. (2001). *The costs of stigma consciousness*. Presented by Bruce Link at the First International Conference on Reducing Stigma and Discrimination, Leipzig, Germany.

Pinel, E. C. (2001). *Seeing I to I: On lovers, soul mates, and kindred spirits*. First International Conference on Experimental Existential Psychology, Amsterdam, Holland.

Pinel, E. C. (2001). *The costs of stigma consciousness*. SUNY Buffalo, Buffalo, NY.

Bosson, J. K., Pinel, E. C., & Buskirk, A. (2001). *Silent but deadly: The psychological impact of nonserious traumas*. Society for Personality and Social Psychology, San Antonio, TX.

Pinel, E. C. (2000). *Stigma consciousness in intergroup contexts: The power of conviction*. Society for the Psychological Study of Social Issues, Minneapolis, MN.

Pinel, E. C. (1999). *Self-evaluative motives: Clinical implications of the need for positivity and verification*. Society for the Exploration of Psychotherapy Integration, Miami, FL.

## **Presentations**

Yawger, G.C., Pinel, E.C., & Long, A.E. (2016, January). *Existential Isolation, Basic Need Satisfaction, and Prejudice*. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

Bronson, C. A., Bosson, J. K., Pinel, E. C. (2016). *Effects of I-sharing and Gender Threat on Men's Liking for a Gay Man*. Society for Personality and Social Psychologists, San Diego, CA.

Huneke, M., & Pinel, E. C. (2014). *Fostering selflessness through I-sharing*. Society for Personality and Social Psychologists, Austin, TX.

Helm, P., & Pinel, E. C. (2014). *Interpersonal ramifications of existential isolation*. Society for Personality and Social Psychologists, Austin, TX.

Johnson, L.C., & Pinel, E.C. (2012). *Weighing our words: The impact of terminology on perception of body size and expressed prejudice*. Society of Personality and Social Psychology Annual Meeting, San Antonio, TX.

Pinel, E. C. (2012). *On Seeing I to I*. Informal paper presentation for the annual meeting for the Society of Experimental Social Psychologists, Austin, TX.

Debellis, D., & Pinel, E. C. (2012). *Primed minds think alike*. Mind Perception Preconference of the Society of Personality and Social Psychologists, San Diego, CA.

Johnson, L. C. & Pinel, E. C. (2012). *Weighing our words: The impact of terminology on perception of body size and expressed prejudice*. Society of Personality and Social Psychologists, San Diego, CA.

Rampy, N., & Pinel, E. C. (2012). Society of Personality and Social Psychologists, San Diego, CA.

Long, A. E., Pinel, E. C., & Murdoch, E. Q. (2011). *Reliability and external validity of the existential isolation questionnaire*. Association for Research in Personality Biennial Meeting, Riverside, CA.

Crimin, L. A., & Pinel, E. C. (2010). *Generalizing the benefits of I-sharing: The role of existential isolation in a behavioral expression of preference for heavyweight individuals*. Society of Personality and Social Psychology Annual Meeting, Las Vegas, NV.

Crimin, L. A., & Pinel, E. C. (2009). *When subjective similarity breeds disdain: Existential isolation and stereotypicality moderate the effect of I-sharing with heavyweight people*. Society for Personality and Social Psychology Annual Meeting, Tampa, FL.

Long, A. E. & Pinel, E. C. (2009). *When shared group membership means shared subjective experience: The minimal groups paradigm from an I-sharing perspective*. Society for Personality and Social Psychology Annual Meeting, Tampa, FL.

Crimin, L.A., & Pinel, E.C. (2008). *Will you see past my size if our I's connect?: The influence of I-sharing on judgments of heavyweight women*. Society for Personality and Social Psychology Annual Meeting, Albuquerque, NM.

Long, A. E., & Pinel, E. C. (2007). *Avoiding I contact: When subjective overlap poses a negative prospect*. Society for Personality and Social Psychology, Memphis, TN.

Crimin, L., & Pinel, E. C. (2006). *The best places to live: Investigating the interplay of the individual, community, and community well-being*. University of Vermont's Graduate Research Day, Burlington, VT.

Long, A. E., & Pinel, E. C. (2006). *Prejudice reduction from the I-sharing perspective: How subjective overlap bridges the intergroup divide*. Society for Personality and Social Psychologists, Palm Springs, CA.

LeBeau, L. S., Pinel, E. C., & Bosson, J. K. (2006). *When 'it could have been worse' helps: Timing and source effects on minimization messages*. Society for Personality and Social Psychologists, Palm Springs, CA.

Smith LeBeau, L., Pinel, E.C., & Bosson, J. (2006). *When "It could have been worse" helps: Timing and source effects on affective responses to minimization messages*. The Pennsylvania State University. Graduate Research Exhibition.

Smith LeBeau, L., Pinel, E.C., & Bosson, J. (2006). *When "It could have been worse" helps: Timing and source effects on affective responses to minimization messages*. Emotion Research Network Mini-Conference, The Pennsylvania State University.

Long, A. E., & Pinel, E. C. (2005). *I didn't like you but now I do: Impression revision from the I-sharing perspective*. Society for Personality and Social Psychologists, New Orleans, LA.

Long, A. E., & Pinel, E. C. (2004). *Do-re-mi and hee-hee-hee: I-sharing on the dimensions of music and humor overcomes ingroup preference*. Midwestern Psychological Association, Chicago, IL.

Long, A. E., & Pinel, E. C. (2003). *From Me to I: Social identity as a proxy for the self-as-subject*. Society for Personality and Social Psychology, Los Angeles, CA.

Constantino, M. J., Wilson K. R., Horowitz L. M., & Pinel, E. C. (2003, May). *The interrelatedness of self-organization constructs and their association with psychological adjustment*. Paper presented at the 6<sup>th</sup> annual meeting of the Society for Interpersonal Theory and Research, Vancouver, British Columbia, Canada.

Constantino, M. J., Castonguay, L. G., Pinel, E. C., Newman, M. G., Reid, J., & Borkovec, T. D. (2002). *Self-View Certainty in Individuals with Generalized Anxiety Disorder*. Poster presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Brown, R. P., Pinel, E. C., Rentfrow, P. J., & Lee, M. N. (2002). *Stigma on my mind: Stigma consciousness and academic underperformance*. Poster presented at the 3<sup>rd</sup> annual meeting of the Society for Personality and Social Psychology, Savannah, GA.

Chua, P., & Pinel, E. C. (2002). *Exploring the influence of individual differences on targets of stereotypes' susceptibility to negative performance stereotypes*. Poster presented at the 3<sup>rd</sup> annual meeting of the Society for Personality and Social Psychology, Savannah, GA.

Constantino, M. J., & Pinel, E. C. (2000). *Complex but congruent: The interactive effect of self-complexity and self-concept differentiation on psychological well-being*. Poster presented at the 34<sup>th</sup> annual convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Chua, P. & Pinel, E. C. (2000). *Attributing experiences to our group membership: The good and the bad news*. Poster presented at the 12<sup>th</sup> annual convention of the American Psychological Society, Miami, FL.

Brown, R. P., Pinel, E. C., & Gilbert, D. T. (1997). *Why good people choose bad things: Some consequences of blindness to positivity bias*. Poster presented at the 9<sup>th</sup> annual convention of the American Psychological Society, Washington, D. C.

Pinel, E. C. (1997). *Impediments to self-verification: When self-views and stereotypes collide*. Poster presented at the Festschrift held in honor of Janet Taylor Spence. Austin, TX.

Swann, W. B., Jr., & Pinel, E. C. (1997). *The verification of social identities*. Paper presented at the Self, Social Identity, and Social Movements Conference, Indianapolis, IA.

Pinel, E. C., Blumberg, S. J., & Gilbert, D. T. (1996). *On mispredicting affect: Failing to recognize our rationalization skills*. Poster presented at the 8<sup>th</sup> annual convention of the American Psychological Society, San Francisco, CA.

Blumberg, S. J., Pinel, E. C., & Gilbert, D. T. (1996). *On mispredicting affect: Failing to recognize the effects of our mental processes*. Poster presented at the 8<sup>th</sup> annual convention of the American Psychological Society, San Francisco, CA.



Brown, R. P., Pinel, E. C., & Gilbert, D. T. (1996). *Handing out credit for homemade happiness: The consequences of blind rationalization*. Poster presented at the 8<sup>th</sup> annual convention of the American Psychological Society, San Francisco, CA.

Pinel, E. C., & Swann, W. B., Jr. (1995). *Reactions to repeated exposure to positive feedback: When flattery hurts*. Invited poster presented at the 30<sup>th</sup> Sigma Xi Anniversary Celebration, Hamilton College, NY.

Pinel, E. C., & Gilbert, D. T. (1995). *The consequences of ignoring our rationalization skills: Can we ever know how sad we'll feel?* Poster presented at the 7<sup>th</sup> annual convention of the American Psychological Society, New York, NY.

Pinel, E. C., & Schroeder, D. G. (1994). *Reverse self-handicapping: Seeking external or unstable attributions for success*. Poster presented at the 6<sup>th</sup> annual convention of the American Psychological Society, Washington, DC.

### **Multi-Media Appearances**

Interview on I-sharing for Social PsyClips; Sharing Social Psychological Science, <https://vimeo.com/166085572>

### **Professional Activities**

- Grant-in-Aid review board, *Society for the Psychological Study of Social Issues*
- SPSP Mentor: met with graduate students during the 2012 conference to discuss programmatic research
- Institutional Review Board member: I have served on UVM's IRB since 2008
- External reviewer for three promotion and tenure decisions for renowned psychologists
- Ad-hoc reviewer for the National Science Foundation
- Ad-hoc reviewer for Social Sciences and Humanities Research Council of Canada
- Served on Student Travel Awards committee for the 2010 SPSP conference
- Ad-hoc journal reviewer (e.g., *Journal of Basic and Applied Social Psychology*, *Journal of Consulting and Clinical Psychology*, *European Journal of Social Psychology*, *Journal of Experimental Social Psychology*, *Journal of Personality & Social Psychology*, *Personality & Social Psychology Bulletin*, *Psychology of Women Quarterly*, *Self & Identity*, *Health Psychology*, *Peace and Conflict: Journal of Peace Psychology*, *British Food Journal*)

### **Professional Memberships**

Society of Experimental Social Psychology  
Society for Personality and Social Psychology  
Society for the Psychological Study of Social Issues  
International Society for Self and Identity