Proactive Crisis Plan (*from Act 264 / Coordinated Services Plan*)

*Teams are strongly encouraged to develop a proactive crisis plan if the child or youth is medically fragile, at risk for, or has ever been hospitalized in a psychiatric setting, or demonstrates risky and unsafe behaviors.*

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| Situation (triggers/stressors) |
| Coping strategies (Describe skills, strategies, to prevent, reduce or de-escalate crisis) |
| What is needed to feel safe in crisis? |
| Key support people to contact – include names, relationship and contact information. |
| What to do to manage the crisis? |
| What NOT to do |
| Conditions for emergency room, police, hospital |

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| *PLEASE NOTE: There may be special or unusual circumstances that will require the responsible adults to modify the plan.* |